

	Helpful	Hamper
	to achieving the objective	achieving the objective
Internal origin (attributes of the system)	<ol> <li>Strengths</li> <li>Teamwork</li> <li>Motivation</li> <li>Quickly grasps technical concepts and skills</li> <li>Passion in cybersecurity and IT</li> </ol>	<ol> <li>Weaknesses/Areas for further development</li> <li>Time management and planning ahead of time</li> <li>Critical writing skills</li> <li>Presentation skills</li> <li>Research writing skills</li> <li>Software development/coding skills</li> </ol>
External origin (attributes of the environment)	<ol> <li>Deportunities</li> <li>Benefitting from highly qualified and supportive tutors who are readily available.</li> <li>Gaining access to a wide range of articles in online libraries through Essex credentials.</li> <li>Being part of a group with intelligent, experienced, supportive, and helpful peers.</li> <li>Availing abundant Essex resources, such as reading lists, seminars, and lecture casts, to aid in skill development.</li> </ol>	<ol> <li>Time limitations</li> <li>Family commitments</li> <li>Inability to meet deadlines promptly due to medical conditions.</li> </ol>

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5. Benefiting from exceptionally supportive Essex support staff who respond promptly and cater to your needs effectively.

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